



TAROT

SELF-LOVE SPREAD

*Having some self-doubt?
Use this spread to take a look at yourself and the things that make you great!*

1. What you should love about yourself.
2. What others love about you.
3. Ways you can show yourself love.
4. What blocks you from being kind to yourself.
5. How to overcome what blocks you from being kind to yourself.
6. What you can do for yourself in the future to feel loved.

